

STEVEN JAMES NARVY, M.D.

Professional Summary

Board-certified orthopaedic surgeon specializing in sports medicine and shoulder and elbow reconstruction, and fracture care. Clinical interests include shoulder arthroscopy, primary and revision shoulder arthroplasty, hip arthroscopy, ACL and multiligamentous knee reconstruction, and cartilage restoration.

Professional Experience

Attending Orthopaedic Surgeon (February 2022 – Present)

Los Angeles Bone and Joint Institute; Encino, CA

Attending Orthopaedic Surgeon (August 2016 – February 2022)

Orthopaedic Specialties Associates; Torrance, CA / Long Beach, CA

Hospital Affiliations

Valley Presbyterian Hospital
Southern California Hospital at Culver City
Pacifica Hospital of the Valley

Van Nuys, CA
Culver City, CA
San Fernando, CA

Education and Training

Fellowship:

Sports Medicine / Shoulder & Elbow Surgery (August 2015 – July 2016)

Department of Orthopaedic Surgery

Keck School of Medicine

University of Southern California

- Assistant Team Physician, USC Athletics
- Volunteer Attending Physician, Los Angeles County + University of Southern California Medical Center

Internship/Residency:

Orthopaedic Surgery (July 2010 – June 2015)

Los Angeles County + University of Southern California Medical Center

- Administrative Chief Resident, 2014 – 2015
- Recipient, Herman Epstein Award for Clinical Excellence

Medical School:

Doctor of Medicine

Keck School of Medicine (attended August 2006 – May 2010)

University of Southern California

- Dean's Recognition
- Achievement Rewards for College Scientists Scholarship

Undergraduate: *B.A. in Neuroscience; Minor in Business* – summa cum laude
College of Letters, Arts, and Sciences / Marshall School of Business
University of Southern California (attended August 2002 – May 2006)

- Dean’s Scholar
- Baccalaureate/MD Combined Medical Program
- Phi Beta Kappa Honor Society
- Phi Kappa Phi Honor Society

Board Certification

American Board of Orthopaedic Surgery 2018 – Present

Licensure

California Fluoroscopy Supervisor and Operator License 2012 – Present
California Medical License 2011 – Present
Drug Enforcement Administration 2011 – Present

Publications

Sikora-Klak J, **Narvy SJ**, Yang J, Makhni E, Kharrazi FD, Mehran N. The Effect of Abnormal Vitamin D Levels in Athletes. *Perm J*. 2018;22:17-216.

Jansson H, **Narvy SJ**, Mehran N. Postoperative Pain Management Following Anterior Cruciate Ligament Reconstruction. *JBJS Reviews*. 2018;6(3):e3.

Narvy SJ, Hatch GF Rick III, Ihn HE, Heckmann ND, McGarry MH, Tibone JE, Lee TQ. Evaluating the critical corner in posterior cruciate ligament reconstruction: the effect of outside-in versus inside-out femoral tunnels on graft contact pressure. *Arthroscopy*. 2017;33(7):1370-1374.

Schultzel M, Scheidt K, Klein C, **Narvy SJ**, Lee BK, Itamura JM. Hemi-arthroplasty for treatment of distal humerus fractures: mid-term clinical results. *J Shoulder Elbow Surg*. 2017;26(3):389-393.

Narvy SJ, Didinger TC, Lehoang D, Vangsness CT Jr, Tibone JE, Hatch GF III, Omid R, Osorno F, Gamradt SC. Direct cost of outpatient arthroscopic rotator cuff repair in Medicare and non-Medicare populations. *Orthop J Sports Med*. 2016;4(10):1-4.

Mehran N, Photopoulos C, **Narvy SJ**, Romano R, Gamradt SC, Tibone JE. Epidemiology of operative procedures in an NCAA Division I football team over 10 seasons. *Orthop J Sports Med*. 2016;4(7):1-6.

Decker M, Gomas KA, **Narvy SJ**, Vangsness CT Jr. The Influence of a Dynamic Elastic Garment on Musculoskeletal and Respiratory Wellness in Computer Users. *Int J Occup Saf Ergon*. 2016;22(4):550-556.

Narvy SJ, Ahluwalia A, Vangsness CT Jr. Analysis of Direct Costs of Outpatient Arthroscopic Rotator Cuff Repair. *American Journal of Orthopedics*. 2016;45(1):E7-E11.

Narvy SJ, Pearl M, Vrla M, Yi A, Hatch GF III. Anatomy of the Femoral Footprint of the Posterior Cruciate Ligament – A Systematic Review. *Arthroscopy*. 2015;31(2):345-354.

Narvy SJ, Asami DK, Solomon TC, Burke W, Colletti PM, Vangsness CT Jr. High Resolution MRI Evaluation of Meniscal Volume and Anthropometric Correlations. *Clinical Anatomy*. 2015;28(6):786-91.

Snow BJ, **Narvy SJ**, Omid R, Atkinson RD, Vangsness CT Jr. Anatomy and Neurohistology of the Transverse Humeral Ligament. *Orthopedics*. 2013; 36(10):e1295-e1298.

Reed ME, Villacis DC, Hatch GF III, Burke WS, Colletti PM, **Narvy SJ**, Mirzayan R, Vangsness CT Jr. Agreement Between a 3.0 Tesla MRI and Diagnostic Arthroscopy in Assessing Articular Cartilage. *Orthopedics*. 2013;36(8):1060-1064.

Narvy SJ, Hall MP, Kvitne RS, Tibone JE. Tunnel Intersection in Combined Anatomic Reconstruction of the Anterior Cruciate Ligament and Posterolateral Corner. *Orthopedics*. 2013;36(7):529-32.

Descalzi JF, **Narvy SJ**, Vangsness CT Jr. Overview of Cycling Injuries: Results of a Cycling Club Survey. *Orthopedics*. 2013;36(4):287-289.

Argintar E, Berry M, **Narvy SJ**, Kramer J, Omid R, Itamura JM. Hemi-arthroplasty for Treatment of Distal Humerus Fractures: Short-term Clinical Results. *Orthopedics*. 2012;35(12):1042-45.

Sikka RS, **Narvy SJ**, Vangsness CT Jr. Anterior Cruciate Ligament Allograft Surgery: Under-reporting of Graft Source, Graft Processing, and Donor Age. *Am J Sports Med*. 2011;39(3):656-662.

Vangsness CT Jr., Burke WS, **Narvy SJ**, MacPhee RD, Fedenko AN. Human Knee Synovial Fluid Cytokines Correlated with Degree of Knee Arthritis: A Pilot Study. *Bull NYU Hosp Jt Dis*. 2011;69(2):122-7.

Narvy SJ, Vangsness CT Jr. Critical Appraisal of the Role of Glucosamine and Chondroitin in the Management of Osteoarthritis of the Knee. *Nutrition and Dietary Supplements*. 2010;2:13-25.

Reid J, Sikka R, Tsoi W, **Narvy SJ**, Hedman T, Lee TQ, Vangsness CT Jr. Sterilization Effects on the Mechanical Properties of Human Bone-Patellar Tendon-Bone Allografts. *Orthopedics*. 2010;33(4): 235-239.

Research Presentations

Gamradt SC, **Narvy SJ**, Lehoang D, Vangsness CT Jr, Tibone JE, Omid R, Osorno F, Didinger T. Direct Cost Analysis of Outpatient Arthroscopic Rotator Cuff Repair in Medicare and Non-Medicare Populations. 2017 International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine, ePoster #2204.

Gamradt SC, Romano R, **Narvy SJ**, Rosario S, Photopoulos C, Mehran N, Tibone JE. Injuries in Collegiate Female Rowers. 2017 International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine, ePoster #2417.

Schultzel M, Scheidt KB, **Narvy SJ**, Klein C, Lee BK, Argintar EH, Itamura JM. Hemiarthroplasty for the Treatment of Distal Humerus Fractures: Mid-Term Clinical Results. 2016 Annual Meeting, American Shoulder and Elbow Surgeons, Paper # 13.

Narvy SJ, Ahluwalia A, Vangsness CT Jr. Direct Cost Analysis of Outpatient Arthroscopic Rotator Cuff Repair. 2016 Annual Meeting, American Academy of Orthopaedic Surgeons, Paper # 718.

Dunphy T, **Narvy SJ**, Gucev G, Vangsness CT Jr. Efficacy of Continuous Interscalene Nerve Blocks in Outpatient Arthroscopic Shoulder Surgery. 2016 Annual Meeting, Orthopaedic Research Society, Poster # PS1-066.

Narvy SJ, Ahluwalia A, Vangsness CT Jr. Direct Cost Analysis of Outpatient Arthroscopic Rotator Cuff Repair in an Academic Center. 2015 Annual Meeting, Arthroscopy Association of North America, Poster # e077.

Reed ME, Burke WS, Colletti PM, Hatch GF III, Mirzayan R, **Narvy SJ**, Vangsness CT Jr. 3.0-Tesla MRI and Diagnostic Arthroscopy in Assessing Knee Articular Cartilage Lesions. 2012 Annual Meeting, American Academy of Orthopaedic Surgeons, Poster # P439.

Vangsness CT Jr., Burke WS, **Narvy SJ**, MacPhee RD, Fedenko AN. Human Cytokine Synovial Fluid Analysis with Knee Arthritis. 2007 Annual Meeting, American Academy of Orthopaedic Surgeons, Poster # P284.

Reid J, Sikka R, Tsoi W, **Narvy SJ**, Hedman T, Lee TQ, Vangsness CT Jr. Sterilization Effects on the Biomechanical Properties of Human Bone-Tendon-Bone Allografts. 2006 Annual Meeting, American Academy of Orthopaedic Surgeons. Paper # 165.

Lectures

“Diagnosis and Management of Tendonitis.” Providence Little Company of Mary Medical Center Torrance Community Lecture. Torrance, CA.

“Management of Massive Rotator Cuff Tears.” National Association of Orthopaedic Technologists Annual Meeting 2017. San Diego, CA.

“Management of Massive Rotator Cuff Tears.” Association of Orthopaedic Technologists of California Fall Symposium 2016. San Diego, CA.

Honors

2022 SuperDoctors – Southern California Rising Stars

2021 SuperDoctors – Southern California Rising Stars

2020 SuperDoctors – Southern California Rising Stars

Foreign Languages

Fluent in written and conversational Spanish

Personal Interests

College football, hiking, running, consumer electronics